



## Ali R. Ghahraman, M.D.

*Internal Medicine*

26932 Oso Parkway, Suite 220

Mission Viejo, CA 92691

Tel: (949) 582-8308

Fax: (949) 582-9930

*“My policy has always been to look at each patient as if that person were a close relative. When making difficult decisions, I ask myself, ‘What would I want my doctor to do if this person were a family member?’” says Ali Ghahraman, M.D. “Consequently, I am always the patient’s advocate.”*

Having cared for adult patients within the private practice and hospital settings for several years, Dr. Ghahraman has a wealth of experience and knowledge. He is attuned to the medical needs of his patients, and provides them with highly personalized care and attention.

### **Professional Qualifications**

Prior to relocating to Orange County in 2002, Dr. Ghahraman was in private practice in Milwaukee, Wisconsin. He also was medical director of a sub-acute unit at Southpointe Healthcare Center in Milwaukee. In addition, he was assistant clinical professor in the department of medicine at the Medical College of Wisconsin.

Dr. Ghahraman received his medical training at Tehran University, in Iran, and completed his internship at St. Joseph Hospital, in Paterson, New Jersey. He served his internal medicine residency at the Medical College of Wisconsin, in Milwaukee.

### **Personal Interests**

In addition to his private practice, Dr. Ghahraman volunteers his services at Camino Health Center, in San Juan Capistrano. He appreciates the mild Southern California winters, which give him more opportunities to pursue mountain biking, hiking and gardening. Dr. Ghahraman also enjoys music and plays the keyboard.



**Monarch HealthCare®**  
A MEDICAL GROUP, INC.

At Monarch HealthCare, we believe important health care decisions should be made by you and your physician. After all, who knows your health care needs better?

Monarch HealthCare was started by physicians in 1994, and is still owned and operated by physicians today. Our physicians value the freedom that comes with practicing as independent doctors.

You will find Monarch HealthCare physicians conveniently located in offices throughout Orange County:

- More than 500 independent primary care physicians
- More than 1,300 highly qualified specialists
- 35 different medical specialties within the Monarch HealthCare network
- Streamlined referral processing

### **Health Plans affiliated with Monarch HealthCare**

Aetna U.S. Healthcare	(800) 756-7039
Blue Cross/California Care	(800) 777-6000
Blue Shield	(800) 660-3007
CalOptima	(888) 587-8088
Cigna	(800) 343-9197
Great-West Healthcare	(800) 663-8081
Health Net	(800) 909-3447
PacifiCare	(800) 577-0001
Universal Care	(800) 635-6668

### **Senior Plans**

Blue Cross Senior Secure	(800) 765-2585
Blue Shield 65 Plus	(800) 488-8000
Health Net Seniority Plus	(800) 935-6565
SCAN	(877) 452-5898
Secure Horizons	(888) 705-4125
Universal Care Health Advantage	(800) 635-6668

*To select a specific doctor as your primary care physician, please contact your health plan's sales or member service department. Give them the doctor's name and be sure to specify Monarch HealthCare as your medical group. If you'd like assistance, please call us at (888) 767-2222.*



**Monarch HealthCare®**  
A MEDICAL GROUP, INC.

[www.monarchhealthcare.com](http://www.monarchhealthcare.com) • (888) 767-2222